

## **Welfare Officer Report May 2018**

There have been no major incidents reported to me throughout the year, with only minor on pitch injuries having occurred.

We are taking part in a national recording of all head injuries, regardless of the age of the player. The information is being collated by England Hockey, who is carrying out research into the matter.

It is recognised that the training environment for elite junior athletes can be more robust than social hockey coaching. We continue to be mindful of the mental and emotional wellbeing of all of our junior players, whilst encouraging them to be the best player they can. Young athletes can be under a tremendous amount of pressure, and our role in their wellbeing is vital.

### **2018-19**

It is the intention of the Welfare Officer to attend at least one of each Performance Centre training sessions, to further the visibility of the role and to look at any improvements that can be made.